

**"Lead with confidence,
influence with purpose,
create lasting impact."**

Our mission is to create self-conscious, confident, and powerful leaders by integrating identity, mentality, and execution-allowing them to lead with transparency, influence and purpose in any environment.

Ready to Unlock Your Leadership?

Connect with us to start your transformation journey.

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Cheri "Bree" Fisher, PCC
Founder & Executive Coach



**LEADERSHIP
& INFLUENCE
UNLOCKED**
— GROWING LEADERSHIP THAT GLOWS —

LIU Workshop Suite (Powered by the Glow Method)

High-impact, practical workshops aimed at developing self-aware, self-assured, and successful leaders.

Leadership Identity & Clarity: The Foundation of Influence

This workshop helps leaders define who they are, how they lead, and what drives their decisions. Participants gain clarity on their leadership identity, values, and direction-creating consistency and confidence in how they show up.

Who It Benefits:

- New and emerging leaders
- High-potential employees
- Leaders transitioning into new roles

Why It Matters

Most leadership breakdowns come from lack of clarity. When leaders are unclear, teams feel it immediately.

Executive Presence & Influence: Leading Without Hesitation

This workshop develops confidence, communication, and presence so leaders can speak with authority, influence stakeholders, and lead effectively in high-visibility environments.

Who It Benefits:

- Mid-level to senior leaders
- Leaders presenting to executives
- Professionals struggling with confidence

Why It Matters

Leaders are judged not just by what they know-but how they show up.

Emotional Intelligence & Leadership Effectiveness

This workshop strengthens emotional awareness, regulation, and response-helping leaders manage pressure, navigate conflict, and lead people more effectively.

Who It Benefits:

- People managers
- Team leaders
- Cross-functional leaders

Why It Matters

Leaders don't fail from lack of skill-they fail from poor emotional management.

Communication & Difficult Conversations: Leading with Transparency

This workshop equips leaders to communicate clearly, address issues directly, and handle difficult conversations with confidence and control.

Who It Benefits:

- Managers avoiding conflict
- Leaders managing performance issues
- Teams needing stronger communication

Why It Matters

Avoidance creates confusion. Clear communication drives performance.

Leadership Execution & Accountability: From Insight to Action

This workshop focuses on execution-helping leaders build discipline, follow through on decisions, and create consistent performance habits.

Who It Benefits:

- Leaders struggling with follow-through
- High performers needing structure
- Teams lacking accountability

Why It Matters

Insight without execution doesn't create results.

Optional Add-On

Executive Coaching (Post Workshop)

- 1:1 coaching for leaders after workshops
 - 30 or 60 minutes sessions available